

# Transmission Schedule for January, 2022

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Channel Montaz	Channel Montaz	Channel Montaz	Channel Montaz	Channel Montaz	Channel Montaz	Channel Montaz
हिन्दी	हिन्दी	गणित	गणित	संस्कृत	اردو (उर्दू)	सामाजिक विज्ञान (इतिहास)
सामाजिक विज्ञान (भूगोल)	सामाजिक विज्ञान (भूगोल)	विज्ञान	विज्ञान	सामाजिक विज्ञान (अर्थशास्त्र)	हिन्दी	सामाजिक विज्ञान (राजनीति विज्ञान)
Science	Science	Social Science (History)	Social Science (History)	Mathematics	Social Science (Pol. Sc.)	Social Science (Economics)
Mathematics	Mathematics	English	English	Science	Social Science (Geography)	Social Science (Geography)

**\*Note: Watch live and interact with subject experts on Every Friday from 3:00pm – 4:00 pm. Please follow the NCERT Facebook Page (<https://www.facebook.com/ncertofficial/>) for the topics of session.**

You can watch the live sessions through NCERT Official You tube channel:  
<https://www.youtube.com/channel/UCT0s92hGjqLX6p7qY9BBrSA>

To see the exact timings of the programmes:  
[https://www.swayamprabha.gov.in/index.php/program/current\\_se/31](https://www.swayamprabha.gov.in/index.php/program/current_se/31)

**\*The channel timings begin at 12 midnight and it will be repeated every 2 hours daily for 11 times to make it 24x7 channel**

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**\*Watch Live Webinar on ICT tools (4:00 pm to 5:00 pm) and live counselling session (5:00 pm to 5:30 pm) from Monday to Friday**

# Transmission Schedule for **January, 2022**

Subject	Title of the Topic	Medium	Duration
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## 01 January 2022

हिन्दी	क्षितिज, पाठ 1: दो बैलों की कथा, भाग - 1	हिन्दी	0:37:17
<b>Social Science (Political Science)</b>	Democratic Politics-I, Chapter 1, What is Democracy? Why Democracy? Part I	English	0:26:53
<b>Laboratory experimental videos</b>	Monocot and Dicot Plants	English	0:04:37
<b>Social Science (History)</b>	India and the Contemporary World-I, Ch - 1, The French Revolution, Part 1	English	0:26:12
<b>Hand Embroiderer</b>	Hand Embroiderer, Unit 5 Session 1: Organisational Hazards and Safety Measures Part - A	English	0:08:05

## 02 January 2022

सामाजिक विज्ञान (भारत और समकालीन विश्व- I)	भारत और समकालीन विश्व- I, पाठ 1: फ्रांसिसी क्रांति, भाग - 1	हिन्दी	0:24:49
सामाजिक विज्ञान (लोकतांत्रिक राजनीति)	लोकतांत्रिक राजनीति, पाठ 1: लोकतंत्र क्या? लोकतंत्र क्यों?	हिन्दी	0:27:48
<b>Social Science (Economics)</b>	Economics, Chapter -1: The story of village Palampur, Part - I	English	0:27:08
<b>Social Science (Political Science)</b>	Democratic Politics-I, Chapter 1, What is Democracy? Why Democracy? Part II	English	0:28:33
<b>Hand Embroiderer</b>	Hand Embroiderer, Unit 5 Session 1: Organisational Hazards and Safety Measures Part - B	English	0:05:25

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**03 January 2022**

हिन्दी	क्षितिज, पाठ 1: दो बैलों की कथा, भाग - 2	हिन्दी	0:27:40
Story Telling/ Value Education	Story Telling: Meena – 7 Say not to dowry	Hindi	0:12:53
Science	Chapter 1: Matter in our Surrounding Part-I	English	0:37:13
Laboratory experimental videos	Imbibition by Raisins	English	0:01:33
Mathematics	Chapter 1: Number System, Part - I	English	0:34:30
Story Telling/ Value Education	Chota ya Bada	Hindi	0:04:07
Hand Embroiderer	Hand Embroiderer, Unit 1 Session 2: Designs and Tracing Methods - Heat Method	English	0:01:41

**04 January 2022**

हिन्दी	स्पर्श, पाठ 1: दुःख का अधिकार, भाग - 1	हिन्दी	0:21:59
Science	Chapter 1: Matter in our Surrounding Part-II	English	0:34:08
Cultural Heritage: Art, Music, Dance	Kala Utsav – 2019 Music – Instrumental Competition: Girls: Uttarakhand	Regional	0:05:58
Mathematics	Chapter 1: Number System, Part - III	English	0:31:31
Cultural Heritage: Art, Music & Dance	Folk Dance - Arunachal Pradesh	Regional	0:09:33

**05 January 2022**

गणित	पाठ 1: संख्या पद्धति	हिन्दी	0:25:10
विज्ञान	पाठ 1: हमारे आस-पास के पदार्थ	हिन्दी	0:24:41
Social Science (History)	India and the Contemporary World-I, Chapter 1, The French revolution, Part I	English	0:26:14
English	Beehive, Chapter 1: The Fun They Had	English	0:29:23
Hand Embroiderer	Hand Embroiderer, Unit 2 Session 2: Running Stitch	English	0:04:10

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**ONE CLASS, ONE CHANNEL**

**06 January 2022**

गणित	पाठ 1: संख्या पद्धति	हिन्दी	0:25:10
विज्ञान	पाठ 1: हमारे आस—पास के पदार्थ	हिन्दी	0:24:41
Laboratory experimental videos	Detection of adulterant in Dal	English	0:01:16
Social Science (History)	India and the Contemporary World-I, Chapter 1, The French revolution, Part II	English	0:30:14
English	Beehive, Chapter 1: The Road Not Taken	English	0:25:17
Hand Embroiderer	Hand Embroiderer, Unit 2 Session 2: Buttonhole Stitch	English	0:07:00

**07 January 2022**

संस्कृत	पाठ 1: भारतीयसन्तगीति: भाग - 1	संस्कृत / हिन्दी	0:31:36
सामाजिक विज्ञान (अर्थशास्त्र )	अर्थशास्त्र, पाठ 1, पालमपुर गाँव की कहानी	हिन्दी	0:36:46
Mathematics	Chapter 1: Number System, Part - II	English	0:34:50
Science	Chapter 1, Matter in our Surrounding Part-III	English	<a href="#">0:31:53</a>

**08 January 2022**

हिन्दी	स्पर्श, पाठ 1: दुःख का अधिकार, भाग - 2	हिन्दी	0:30:58
Social Science (Political Science)	Democratic Politics-I, Chapter 1: What is Democracy Why Democracy	English	0:27:43
Social Science (History)	India and the Contemporary World-I, Chapter 1, The French revolution, Part III	English	0:29:28
Cultural Heritage: Art, Music, Dance	Kala Utsav – 2019 Music – Instrumental Competition: Boys: Kerala	Regional	0:06:23
Hand Embroiderer	Hand Embroiderer, Unit 1 Session 2: Designs and Tracing Methods - Heat Method	English	0:01:41

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**09 January 2022**

सामाजिक विज्ञान (भारत और समकालीन विश्व- I)	भारत और समकालीन विश्व- I, पाठ 1: फ्रांसिसी क्रांति, भाग - 1	हिन्दी	0:24:49
Cultural Heritage: Art, Music, Dance	Kala Utsav – 2019 Music – Instrumental Competition: Girls: Bihar	Regional	0:06:03
सामाजिक विज्ञान (लोकतांत्रिक राजनीति)	लोकतांत्रिक राजनीति, पाठ 1: लोकतंत्र क्या? लोकतंत्र क्यों?	हिन्दी	0:27:48
Social Science (Economics)	Economics, Chapter -1: The story of village Palampur, Part - II	English	0:26:51
Social Science (Political Science)	Democratic Politics-I, Chapter 1: What is Democracy Why Democracy	English	0:27:43
Laboratory experimental videos	Newton's third law of motion	English	0:03:50

**10 January 2022**

हिन्दी	क्षितिज, पाठ 1: दो बैलों की कथा, भाग - 1	हिन्दी	0:37:17
Hand Embroiderer	Hand Embroiderer, Unit 2 Session 2: Herringbone Stitch	English	0:07:08
Science	Chapter 1: Matter in our Surrounding Part-I	English	0:37:13
Mathematics	Chapter 1: Number System, Part - IV	English	0:35:23

**11 January 2022**

हिन्दी	क्षितिज, पाठ 1: दो बैलों की कथा, भाग - 2	हिन्दी	0:27:40
Health, Physical Education/Yoga/ Sports	Yoga - Gomukhasan	Hindi	0:13:48
Science	Chapter 1: Matter in our Surrounding Part-II	English	0:34:08
Mathematics	Chapter 1: Number System, Part - V	English	0:31:31
Hand Embroiderer	Hand Embroiderer, Unit 2 Session 2: Chain Stitch	English	0:06:14

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**12 January 2022**

गणित	पाठ 1: संख्या पद्धति	हिन्दी	0:25:10
<b>Cultural Heritage: Art, Music, Dance</b>	Kala Utsav – 2019 Music – Instrumental Competition: Girls: Gujarat	Regional	0:05:37
विज्ञान	पाठ 1: हमारे आस—पास के पदार्थ	हिन्दी	0:24:41
<b>Social Science (History)</b>	India and the Contemporary World-I, Chapter 1, The French revolution, Part IV	English	0:29:24
<b>English</b>	Moments, Chapter - 1: The Lost Child, Part - 1	English	0:29:24

**13 January 2022**

गणित	पाठ 1: संख्या पद्धति	हिन्दी	0:25:10
<b>Story Telling/ Value Education</b>	Sanskrit Story: Lobhah nashaya	Hindi	0:04:43
विज्ञान	पाठ 1: हमारे आस—पास के पदार्थ	हिन्दी	0:24:41
<b>Laboratory experimental videos</b>	Detection of starch in food samples	English	0:02:38
<b>Social Science (History)</b>	India and the Contemporary World-I, Chapter 1, The French revolution, Part V	English	0:29:28
<b>English</b>	Moments, Chapter - 1: The Lost Child, Part - 2	English	0:18:16
<b>Hand Embroiderer</b>	Hand Embroiderer, Unit 1 Session 1: History and Embroidery Terminology, Part - B	English	0:13:54

**14 January 2022**

संस्कृत	पाठ 1: भारतीवसन्तगीति: भाग - 2	संस्कृत / हिन्दी	0:33:07
<b>सामाजिक विज्ञान (अर्थशास्त्र )</b>	अर्थशास्त्र, पाठ 1, पालमपुर गाँव की कहानी	हिन्दी	0:36:46
<b>Mathematics</b>	Chapter 1: Number system	English	0:27:49
<b>Science</b>	Chapter 1, Matter in our Surrounding Part-III	English	<a href="#">0:31:53</a>

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**15 January 2022**

हिन्दी	क्षितिज, पाठ 1: दो बैलों की कथा	हिन्दी	0:27:12
<b>Social Science (Political Science)</b>	Democratic Politics-I, Chapter 2: Constitutional Design Part-1	English	0:42:29
<b>Cultural Heritage: Art, Music &amp; Dance</b>	Ajrakh Block Print	Hindi	0:07:45
<b>Social Science (History)</b>	India and the Contemporary World-I, Ch - 1, The French Revolution, Part 1	English	0:26:12
<b>Hand Embroiderer</b>	Hand Embroiderer, Unit 5 Session 1: Organisational Hazards and Safety Measures Part - A	English	0:08:05

**16 January 2022**

सामाजिक विज्ञान (भारत और समकालीन विश्व- I)	भारत और समकालीन विश्व- I, पाठ 2: यूरोप में समाजवाद एवं रूसी क्रांति	हिन्दी	0:18:53
सामाजिक विज्ञान (लोकतांत्रिक राजनीति)	लोकतांत्रिक राजनीति, पाठ 1: लोकतंत्र क्या? लोकतंत्र क्यों?	हिन्दी	0:27:48
<b>Social Science (Economics)</b>	Economics, Chapter -1: The story of village Palampur, Part - III	English	0:29:40
<b>Social Science (Political Science)</b>	Democratic Politics-I, Chapter 2: Constitutional Design Part-2	English	0:35:14

**17 January 2022**

हिन्दी	क्षितिज, पाठ 1: दो बैलों की कथा	हिन्दी	0:27:12
सामाजिक विज्ञान (समकालीन भारत - 1)	समकालीन भारत - 1, पाठ 2: भारत: का भौतिक स्वरूप	हिन्दी	0:32:48
<b>Science</b>	Chapter 1: Matter In Our Surrounding	English	0:28:44
<b>Mathematics</b>	Chapter 2: Polynomials	English	0:39:17

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**18 January 2022**

हिन्दी	स्पर्श, पाठ 2, एवरेस्ट: मेरी शिखर यात्रा, भाग - 1	हिन्दी	0:21:00
<b>Cultural Heritage: Art, Music, Dance</b>	Kala Utsav – 2019 Music – Instrumental Competition: Girls: Sikkim	Regional	0:03:00
सामाजिक विज्ञान (समकालीन भारत - 1)	समकालीन भारत - 1, पाठ 2: भारत: का भौतिक स्वरूप	हिन्दी	0:32:48
<b>Science</b>	Chapter 2: Is Matter around us pure? Part - I	English	0:27:52
<b>Laboratory experimental videos</b>	Imbibition by Raisins	English	0:01:33
<b>Mathematics</b>	Chapter 2: Polynomials, PART- I	English	0:27:06
<b>Hand Embroiderer</b>	Hand Embroiderer, Unit 2 Session 2: Back Stitch	English	0:04:42

**19 January 2022**

गणित	पाठ 2: बहुपद, भाग - 1	हिन्दी	0:32:33
विज्ञान	पाठ 2: क्या हमारे आस-पास के पदार्थ शुद्ध हैं	हिन्दी	0:28:54
<b>Social Science (History)</b>	India and the Contemporary World-I, Ch - 2: Socialism in Europe and the Russian revolution, Part I	English	0:25:19
<b>English</b>	Beehive, Chapter 2: The Sound of Music (EVELYN GLENNIE) Part-I	English	0:42:59

**20 January 2022**

गणित	पाठ 2: बहुपद, भाग - 1	हिन्दी	0:32:33
विज्ञान	पाठ 2: क्या हमारे आस-पास के पदार्थ शुद्ध हैं	हिन्दी	0:28:54
<b>Social Science (History)</b>	India and the Contemporary World-I, Ch - 2: Socialism in Europe and the Russian revolution, Part II	English	0:28:13
<b>English</b>	Beehive, Chapter 2: The Sound of Music (BISMILLAH KHAN) Part-II	English	0:42:22

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**21 January 2022**

संस्कृत	पाठ 2: स्वर्णकाक: भाग - 1	संस्कृत / हिन्दी	0:26:28
सामाजिक विज्ञान (अर्थशास्त्र )	अर्थशास्त्र, पाठ 2, संसाधन के रूप में लोग	हिन्दी	0:33:31
Mathematics	Chapter 2: Polynomials, PART- II	English	0:30:02
Science	Chapter 2: Is Matter around us pure? Part - II	English	0:30:36

**22 January 2022**

हिन्दी	स्पर्श, पाठ 2, एवेरेस्ट: मेरी शिखर यात्रा, भाग - 2	हिन्दी	0:30:09
Social Science (Political Science)	Democratic Politics-I, Chapter 2: Constitutional Design Part-3	English	0:37:03
Cultural Heritage: Art, Music, Dance	Kala Utsav – 2019 Dance Competition: Boys Odisha	Regional	0:06:53
Social Science (History)	India and the Contemporary World-I, Ch - 2: Socialism in Europe and the Russian revolution, Part III	English	0:22:47

**23 January 2022**

सामाजिक विज्ञान (भारत और समकालीन विश्व- I)	भारत और समकालीन विश्व- I, पाठ 2: यूरोप में समाजवाद एवं रूसी क्रांति	हिन्दी	0:18:53
Cultural Heritage: Art, Music & Dance	NRP and Folk Dance: Mizoram	Regional	0:08:28
सामाजिक विज्ञान (लोकतांत्रिक राजनीति)	लोकतांत्रिक राजनीति, पाठ 2: संविधान निर्माण, भाग - 1	हिन्दी	0:26:38
Health, Physical Education/Yoga/ Sports	Yoga - Chakkrasan	Hindi	0:12:12
Social Science (Economics)	Economics, Chapter 2: People as Resource, Part-I	English	0:27:03
Social Science (History)	India and the Contemporary World-I, Ch - 2: Socialism in Europe and the Russian revolution, Part IV	English	0:24:48

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**24 January 2022**

हिन्दी	क्षितिज, पाठ 2: ल्हासा की ओर, भाग - 1	हिन्दी	0:19:59
सामाजिक विज्ञान (समकालीन भारत - 1)	समकालीन भारत - 1, पाठ 2: भारत: का भौतिक स्वरूप	हिन्दी	0:32:48
Science	Chapter 2: Is Matter around us pure? Part - III	English	0:44:28
Mathematics	Chapter 2: Polynomials, Part - III	English	0:29:17

**25 January 2022**

हिन्दी	क्षितिज, पाठ 2: ल्हासा की ओर, भाग - 2	हिन्दी	0:20:01
सामाजिक विज्ञान (समकालीन भारत - 1)	समकालीन भारत - 1, पाठ 2: भारत: का भौतिक स्वरूप	हिन्दी	0:32:48
Science	Chapter 2: Is Matter around us pure? Part - IV	English	0:26:19
Mathematics	Chapter 2: Polynomials, Part - IV	English	0:37:26
Hand Embroiderer	Hand Embroiderer, Unit 1 Session 2: Designs and Tracing Methods - Stencil Method	English	0:02:01

**26 January 2022**

गणित	पाठ 2: बहुपद, भाग - 1	हिन्दी	0:32:33
विज्ञान	पाठ 2: क्या हमारे आस-पास के पदार्थ शुद्ध हैं	हिन्दी	0:28:54
Social Science (History)	India and the Contemporary World-I, Ch - 2: Socialism in Europe and the Russian revolution, Part I	English	0:25:19
English	Beehive, Chapter 2: The Sound of Music (THE WIND) PART-III	English	0:35:53

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**27 January 2022**

गणित	पाठ 2: बहुपद, भाग - 1	हिन्दी	0:32:33
विज्ञान	पाठ 2: क्या हमारे आस-पास के पदार्थ शुद्ध हैं	हिन्दी	0:28:54
<b>Social Science (History)</b>	India and the Contemporary World-I, Ch - 2: Socialism in Europe and the Russian revolution, Part II	English	0:28:13
English	Moments, Chapter - 2: The Adventures of Toto	English	0:29:26

**28 January 2022**

संस्कृत	पाठ 2: स्वर्णकाक: भाग - 2	संस्कृत / हिन्दी	0:24:40
सामाजिक विज्ञान (अर्थशास्त्र )	अर्थशास्त्र, पाठ 2, संसाधन के रूप में लोग	हिन्दी	0:33:31
Mathematics	Chapter 2: Polynomials, Part - V	English	0:32:10
Science	Chapter 2: Is Matter Around Us Pure	English	0:32:45

**29 January 2022**

हिन्दी	क्षितिज, पाठ 2: ल्हासा की ओर	हिन्दी	0:30:16
<b>Cultural Heritage: Art, Music &amp; Dance</b>	Kala se Badlaav	Hindi	0:12:45
<b>Social Science (Political Science)</b>	Democratic Politics-I, Chapter - 2, Constitutional Design Part-4	English	0:35:43
<b>Social Science (History)</b>	India and the Contemporary World-I, Ch - 2: Socialism in Europe and the Russian revolution, Part III	English	0:22:47

**\*The channel timings begin at 12 midnight and it will be repeated every 2 hours daily for 11 times to make it 24x7 channel**

**\*Watch Live programmes on every Friday at 3:00 pm to 4:00 pm**

**\*Watch Live Webinar on ICT tools (4:00 pm to 5:00 pm) and live counselling session (5:00 pm to 5:30 pm) from Monday to Friday**

**ONE CLASS, ONE CHANNEL**

**30 January 2022**

सामाजिक विज्ञान (भारत और समकालीन विश्व- I)	भारत और समकालीन विश्व- I, पाठ 2: यूरोप में समाजवाद एवं रूसी क्रांति	हिन्दी	0:18:53
सामाजिक विज्ञान (लोकतांत्रिक राजनीति)	लोकतांत्रिक राजनीति, पाठ 2: संविधान निर्माण, भाग - 2	हिन्दी	0:32:17
Social Science (Economics)	Economics, Chapter 2: People as a Resource, Part-II	English	0:41:25
Social Science (History)	India and the Contemporary World-I, Ch - 2: Socialism in Europe and the Russian revolution, Part IV	English	0:24:48
Laboratory experimental videos	Determination of Density of Solid	English	0:02:57

**31 January 2022**

हिन्दी	क्षितिज, पाठ 2: ल्हासा की ओर	हिन्दी	0:30:16
सामाजिक विज्ञान (समकालीन भारत - 1)	समकालीन भारत - 1, पाठ 2: भारत: का भौतिक स्वरूप	हिन्दी	0:32:48
Science	Chapter 2: Is Matter Around Us Pure	English	0:32:45
Mathematics	Chapter 2: Polynomials	English	0:39:17

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